Cyberbullying Action Plans from Schools

Columbia River High School

What does cyberbullying mean at our school?

- River rumors
- posting too much personal information
- kids have tolerance for bullying
- cyber- judgementalist
- texting-fights

What are ways we can prevent cyberbullying at our school?

- encourage the opposite of cyberbullying
- be nice and open up to people.
- trust teachers and staff members for support.

What are steps we can take now to stop cyberbullying

- Racheal's Challenge/ Challenge day/ Bruce Brown
- R.I.V.E.R. ideals- we are CR
- Leadership class/ group/ club that's not ASB
- modeling good behavior- small acts of kindness (spirit week/9
- Student endorsements in Pride time
- house points for good behavior/ attendance
- video

Who will be involved in the action plan?

- Administration, teachers, link crew, ASB, sports teams and clubs- should be an ongoing process that involves everyone.
- Pride/tribe time lessons- encourage teachers to follow through.
- remind teachers that they have a really big impact on students.

When should these steps take place?

- we can start tomorrow
- spirit week of acts of kindness after speaker.

Lines For Life Action Plan

1. Identification
2. Eliminate Repetition
3. Observe and report
4. Create a safe place
5. Raise awareness/ Promote wellness
6. Analyze and evaluate

Cyberbullying Action Plans from Schools

La Salle Prep High School

What does cyberbullying mean at our school?

- We have not been here that long but we are sure it exists
- We have a no tolerance policy

What are ways we can prevent cyberbullying at our school?

- consistency in policy and discipline
- delete the message
- confront them
- be a non-participant

Who will be involved in the action plan?

- student council
- link crew
- teachers and counselors
- student body
- administrators

When should these steps take place?

- immediately
- orientation
- health class and religion class

Franklin High School Action Plan

- Raise cyberbullying awareness in freshman PE/wellness classes
- Presentations(videos, power points)
- skit for assembly
- skill building exercises
- survey to find out how students are effected
- Flyers(capturing their attention)
- Informing teachers/parents
- Review school/PPS policy student handbook about CB
- Find a way to encourage students to report CB
- Anonymous report online or box.

Cyberbullying Action Plans from Schools

Tualatin High School

- Personal experience stories engaging out mirror neurons- most impactful
- Educating the kids to have tools to deal with being bullied
- Kids model parent behavior and so we have to train parents to monitor their own behavior
- Educate teachers on the law and how and when to step up and stop it.
- Replacement behavior and reinforce
- Create a climate of honoring each other
    o i.e. having the whole school clap and cheer for freshman
- Random acts of kindness day
- Put into action all the things we talked about
- Kids supporting and recognizing each other.

Roosevelt High School

What should we do?

- Stand up to bullying
- Tell someone such as teachers, parents, friends
- Educate others
    o morning announcements
    o viedo
    o choose another word campaign
    o assembly
    o student/ teacher/parent meeting (monthly)
    o surveys
- Be a role model
    o Stick up for others do what is right
    o appreciate each other
    o think twice
    o reach out to victims
    o show love, be brave
    o be caring
- Students should be able to-
    o feel confident
    o feel safe
    o learn
    o be happy
    o share their opinion
    o feel important
    o be respected
    o feel beautiful

Cyberbullying Action Plans from Schools

Jesuit High School

1. In our school cyberbullying is prevalent, yet a blind eye is turned by students, faculty and parents.
2. Placing and anonymous box in our counseling center where students can put their concerns about someone being cyberbullied and/ or a screenshot of the bullying.
3. Confront the bully in person, reply in a respectful manner, don't add fuel to the fire.
4. Yes we need to educate out teachers, parents and students
5. Yes, but it is not emphasized.

St. Mary's Academy

- Assembly
  - o skits
  - o guest speaker
- Ways to report bullying
  - o anonymity
- Policy?
  - o bullying at our school?
  - o gossip exclusion
  - o stress importance of the bystanders
  - o highlight freshman's presence
  - o Guys- learning to appreciate guy-less benefits.

Anonymous School

- Form a group with students, parents, administration to raise awareness.
- Send a consistent message…
- Offer encouragement, check ins frequently.
- Diversity Assembly
- Powerful, impactful, keep momentum going!
- continue educating ourselves on how we can raise awareness.
- Turn bystanders into up standers
- teaching people the language you need/ will use.
- "It only takes two people to start a movement"
- "pay it forward" movement
- "pass it on"
- "Its all about karma"

Cyberbullying Action Plans from Schools

Fort Vancouver High School

What does cyberbullying mean?

- Students arguing with one another using derogatory comments and others joining into make the problem bigger.

What are whys we can prevent cyberbullying at our school?

- Better example from the students
- Create awareness through a video from Fort students.
- Anonymous drop box
- Educate staff on reports

Who will be involved in the action plan?

- Drama students acting out real bullying stories from Fort Students
- Involve ASB in the action plan
- Involvement form the whole school

Golden Tickets- recognition for good deeds

Planner/Timeline of steps

Give the students a challenge every day.